# Primary PE and School Sport Update

Term 3

#### **Snainton Golf Training**

CCW Sports Leaders participated in a Tri golf development training session at Snainton Golf Centre as part of their Sports Leaders training. Mather Conner (pro golfer) kindly delivered the session in April in preparation for the Whitby Primary Tri golf festival in June. Leaders were given demonstrations of fundamental golf skills and given an opportunity to use the Centres driving range to home their technique.



#### **Quick Sticks Hockey SSP**

The 2015 quick sticks hockey was contested at Lady Lumley's astro turf with teams of 4 players (no goalkeeper). Following England Hockey's Quick sticks rules, games are played on small pitches where opportunities to score goals are maximised. Played with an oversize ball, players are encouraged to develop skills through game play that can be transferred to future full size hockey. Goathland, Ruswarp and West Cliff progressed to the SSP Final.

#### **KS1 Gymnastics**

The key steps 1 gymnastics festival held at Eskdale School was a huge success with over 125 students taking part from 11 primary schools. The festival focused on the students developing basic fundamentals of gymnastics body management, movement over apparatus and rhythmic movements.

#### Year 5/6 Cricket

Kindly hosted by Whitby Cricket Club at the end of April, the Year 5/6 Cricket lived up to expectations as being one of the highlights of the summer term for many Schools. '5 Large Schools' and '6 Small Schools' attended the event which was competed for in a league format. Huge thanks to Mike Stones and Whitby Cricket Club for allowing us to use their facilities and preparing 6 fantastic mini pitches. Small schools winners were Lealholm and East Whitby secured top spot in the large Schools league.



Thank you to all members of the Whitby Primary School Sport Association for their enthusiasm during the past term. As a group we have delivered a range of activities providing our students with opportunities in a range of both competitive and non-competitive sports. The hard work of primary staff has ensured events have been well supported, as we strive to deliver an outstanding primary provision for our area.

#### Year 3/4 Cricket

Mulgrave Cricket Club were as keen as ever to host the Year 3/4 cricket this season at their superb sports facility. Ten teams battled it out in blustery conditions throughout the day with Lealholm running out winners. All teams



displayed a fantastic array of skills but it was difficult for most to match that of Lealhom.

#### **Primary Rounders Festival**

The rounders festival saw some fantastic skills on show, with the large schools battling out for top spot West Cliff looked dominant with their powerful hitting. Slick fielding from East Whitby saw them secure top spot in the last game. Lealholm dominated throughout the small schools competition with a good all round team performance and took the trophy home once again.

#### Hit the Surf

The Hit the surf programme provides the unique opportunity for children to be part of an exciting lifesaving course, which gives theory and practical lessons to 8–12 year olds in surfing and beach safety.

The course is delivered by trained and highly experienced lifeguards who can contribute real examples of life threatening situations and how to get out of trouble in and around the sea. With 17 primary schools and 420 students



look part over the course of two weeks, all available slots were utilised.

#### Straws Cup/Barclays Shield

Preliminary rounds of the Straws Cup were contested on CCW astro turf on two evenings to decide finalists. Both evenings saw great support from family and parents of teams which demonstrates the passion for sport we have in the area. All teams were guaranteed two games as a loss in the first round lead to progression in the Barclays Shield. Throughout the competition there were several surprise results as the traditional of town schools success was broken by some of our smaller primaries.

- Finalists for the Straws cup were East Whitby and Seton who battled out the final on a very hot Friday evening. There was little to separate either team with East Whitby managing to grab a goal during extra time winning 2-1.
- For the Barclays Shield West Cliff entertained Ruswarp in another close fought encounter with an excellent standard of football on show. With the score remaining 1-1 after





extra time the decision was made to share the Shield to avoid penalty heat break for either team.



#### Year 3/4 Tennis

Students from nine primary schools around the Whitby area came together to compete in the years three and four mini tennis tournament held this year at Caedmon College. The event involved 16 mini tennis courts being created on the AstroTurf and the tarmac courts. Some great individual tennis was played but the competition was a team event with results added. East Whitby and West Cliff clinched the places to the next round. Other local schools involved were



Lythe, St. Hilda's, St. Hedda's, Danby, Ruswarp, Sleights and Airy Hill.

#### Year 3/4 Golf at Snaiton

A number of Whitby Primary Schools benefited from the offer from Matthew Conner of Snainton Golf Centre to attend a Year 3/4 tri golf festival. The event also had representative schools form Ryedale in attendance. Aided by the knowledge and experience of professional golf coach Matthew Conner, youngster's skills were tested through a range of challenging putting, driving and chipping exercises. Overall winner from the day was Hawsker School who achieved progression to the school games finals. If golf is a sport that you would like to promote in your schools then please let us know and we can put you in contact with Matthew who can provide tailored packages for your school.

#### **Primary Orienteering**

Whitby Primary Year 3/4 Orienteering was held at CCW Scoresby site for 2015 in conjunction with Cleveland Orienteering Club. Seven Schools attended with **170** competitors



challenging their navigation skills around a set course. A huge thanks to CLOC for providing the equipment and technology for the



day which ensured accurate times and positions could be published. Thanks to the glorious weather we were able to utilise the College facilities and also provide Football, Rounders, Tennis and Ultimate Frizbee to entertain competitors whilst waiting.

#### TRI Golf

Whitby Primary Key Stage 2 Tri golf was held at CCW Scoresby site in the late June glorious sunshine. Children from a range for schools participated in a carousel of activities designed at promoting participation in grass roots golf. Each school were invited to bring large groups spread across activities delivered by Sports Leaders. Fun was had by all and it is hoped that some of our youngsters may take up opportunities within our local clubs to play golf more often.





#### **Primary Sports Days**

Caedmon College Sports Leaders have enjoyed supporting Stakesby, West Cliff and Airy Hill's school sports days. The leaders gained opportunity to deliver a plethora of activities, any schools who would like the sports leaders to assist them within schools please let the primary school sports coordinators know.

#### Year 5/6 Athletics

The summer term culminated with Year 5/6
Athletics as the final large scale event which
was hosted by Eskdale School. With 14 schools
in attendance the event was well attended
with the focus on athletics, competitors could
choose from Long Jump, Shot putt and Javelin
for field events then a range of long and short
distance track events. Relays were also ran as
the final events of the day, as everyone's
favourite event spectators made lots of noise
and supported their team mates home.
In the small schools group: First: St. Hedda's,
Second: Lealholm, Third: Castleton.
Medium Schools: First: Danby, Second: Lythe,

Large Schools: First: East Whitby, Second: Airy Hill, Third: Ruswarp.

Third: Sleights



### SCHOOL GAMES MARK



#### Sainsburys Schools Sports Mark Training Wednesday 15 July



### Have you completed your 2014-15 School Sports Mark?

If you have not already completed your Sainsbury's School sport Mark application please log on to <a href="www.yourschoolgames.com">www.yourschoolgames.com</a> to access your account and the necessary information. As an area it would be great if every school could complete an application which is straight forward to complete. There will be a CPD session delivered by Shaun Hopper on Wednesday 15 July at CCW Scoresby site, 1pm to support any schools in completing their Sports Mark application. If your School has never achieved a Mark before then please attend and log on details will be provided.

## CPD Opportunities – Primary Tennis Course

Primary Volleyball – Tony Laffan, North Yorkshire Sports Coach of the year 2014 held a volleyball coaching course at Whitby Leisure Centre aimed at primary school staff. West Cliff and East Whitby schools took part in the training course both found it beneficial. Tony has now working with both schools on a Monday afternoon developing volleyball within their schools. There are many opportunities to take part in volleyball and beach volleyball in our area for further information please contact Jo Raw.

#### **Future Opportunities**

Any schools who would like any specific training, support or assistance with resources for the next academic year please contact Jo Raw or Shaun Hopper to arrange a time.

Finally can we thank you and all of the volunteers for your support throughout the past year. We have provided a broad range of sporting events for young people and hope to develop this further in the coming year.

Please follow us on twitter to see up and coming

events and highlights from events – Mrs Raw@ccw\_PE or Mr Hopper@PE\_CCW

Get in touch if you want any additional assistance/help from Mrs Raw or Mr Hopper.



