

Primary PE and School Sport Update

Term 2

Key Steps Gymnastics

We organised three key steps gymnastics competitions this year all held at Eskdale school with Jo Raw and Anne Marie Scales. Over the key steps 1, 2 and 3 competitions

There are 3 gymnastic areas, known as 'disciplines' in Key Step. These are floor, vault and body management.

1. Floor: Sequences of gymnastic skills performed on a small matted area. Routines include balancing, jumping, rolling and flexibility skills.
2. Vault: Skills are performed travelling on and off a bench (level 1) or box top (levels 2 & 3), at levels 2 & 3 vault can be taught with or without springboard
3. Body Management: Routines designed to prepare the body for gymnastics. Performed on a small matted area, routines include strength, flexibility, balance and coordination skills

Key steps 1 although 11 schools took part focus was on participation and not competition; developing students confidence and understanding of gymnastics. The key steps 2 competition developed the elements of competition with Airy Hill winning overall with West Cliff a close second. The key steps 3 competition the roles were reversed with West Cliff continuing their strong

tradition in the key steps competition and came in first place.



Basketball

This years basketball was contested by West Cliff and East Whitby at Eskdale school, with the majority of schools unavailable. Sports Leaders delivered training drills to

develop skills in preparation for competitive games. Due to their only being two schools they were both progressed to the SSP final.

Yr 3/4 Hockey Coaching

In preparation for the Year 3/4 Quick Sticks Hockey tournament schools were invited to attend a coaching session delivered by CCW sports leaders on the astro turf facility. Children had the opportunity to try out a wide range of games which focused on fundamental



hockey skills. For some this was their first experience of hockey with the hope of further involvement following on from such a positive experience.



Thank you to all members of the Whitby Primary School Sport Association for their enthusiasm during the past term. As a group we have delivered a range of activities providing our students with opportunities in a range of both competitive and non-competitive sports. The hard work of primary staff has ensured events have been well supported, as we strive to deliver an outstanding primary provision for our area.

Straws Cup



The annual straws cup was well attended this year with eleven schools battling it out for a place in the finals to be held at Whitby Towns Turnbull ground. Early rounds of group stage matches were played in seven aside format with teams eliminated through a world cup format. Competition was tight with teams supported well with parents in attendance making for a great evening of

sport.



We are extremely grateful to Whitby Town FC for allowing us the use the Turnbull ground once again this year following several years of absence. The venue made a real spectacle for parents and children to contest Straws Cup and Barclays Shield.

Results:

Barclays Shield- Fylingdales 4 V 8 Danby

Straws Cup- West Cliff 1 V 1 Castleton/ Glaisdale (2-3 on Penalties)



Quick Sticks Hockey

With players keen to impress following on from the hockey coaching sessions teams arrived at the astro as unseasonal weather brought cold winds and rain. An early decision to go ahead turn out to be ill informed with the 'small schools' event in the afternoon been hampered by bitter cold winds and continuous rain. Despite this teams remained upbeat and committed themselves to games in a great spirit.



All games were played and the results were: 1st- St Heddas, 2nd- Seton A and 3rd- Hawsker out of the seven teams.

In contrast the late afternoon sun shone well to great the sports leaders for the arrival of 'Large Schools' tournament. A complete change with a mini heat wave saw 4 school contest some excellent games: 1st- West Cliff, 2nd- Airy Hill, 3rd- Lythe and 4th- Ruswarp

The top two schools in each group battled it out at the SSP with St Benadicts from Ryedale coming out on top. Airy Hill are to attend the School Games in July.

Yr 3/4 Change for life multi skills

Eskdale were host to the year 3 / 4 multi skills festival which focused on development of fun, challenging and enjoyable starting point for children's involvement in sport. Sessions include a wide variety of games and activities, all involving the development of skills and attributes that can be applied to a range of sports and physical activities. Developing the child's fundamental movement skills. The sports leaders designed games focused around Agility, Balance, Coordination that were fun but also challenging for the students taking part. The multi skills afternoons were a great success.

Sports Leaders

Thank you to our fantastic sports leaders who have continue to plan and deliver first class sessions this term. We are extremely grateful for the positive feedback received and notes of thanks sent from children who have been involved in our sessions. Without your support the youngsters would not be able to develop the necessary skills to become an effective leader.



Please follow us on twitter to see up and coming events and highlights from events –Mr Hopper @PE_CCW or Mrs Raw @ccw_PE